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NEW ZEALAND

ANNUAL REPORT

2026

asthma
NEW ZEALAND

Breathe
Easy 55
YEARS

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Our Chairperson's Report

It is a privilege to present my report as Chair of Asthma New Zealand following what has been an important and transformational year for our organisation.

Asthma New Zealand has a proud history of supporting New Zealanders living with asthma, COPD and other respiratory conditions. While the way we deliver that support continues to evolve, the fundamental purpose behind our work remains unchanged: helping people better understand and manage their respiratory health and ensuring they have access to the education, support and services they need to live well.

Over the past year, the Board and management team have spent considerable time looking not only at what Asthma New Zealand does today, but at the role we believe the organisation should play in the future. Central to that is a strong vision for a more unified and consistent model for asthma and respiratory education services across New Zealand.

At present, the availability and nature of respiratory education and support can vary considerably depending on where someone lives and the services available within their community. We believe New Zealand has an opportunity to develop a much more consistent approach – one where people living with respiratory conditions can expect access to high-quality education and support regardless of geography, and where services are designed around patient need rather than organisational or regional boundaries.

The work outlined in Claire's CEO report – including the BREATHE Strategy, national service audit, respiratory impact mapping and development of a Respiratory Commissioning Framework – represents important progress towards that goal.

Asthma New Zealand cannot, and should not, seek to achieve this alone. Our aspiration is to work alongside respiratory organisations, clinicians, funders, communities and others across the health sector to help establish a connected and sustainable model of respiratory education and support.

Importantly, we also believe there needs to be a stronger patient-centric voice within the respiratory health system. Strategies, commissioning models and clinical services are ultimately there to serve people. The experience of those living with asthma, COPD and other respiratory conditions – and of their whānau – needs to be heard when decisions are made about how services are designed, funded and delivered. Asthma New Zealand is well placed to help bring that perspective forward and to ensure the patient remains at the centre of conversations about the future of respiratory health in New Zealand.

This focus on patients is not new to our organisation. It has been part of Asthma New Zealand's DNA for many decades.

This year we have the privilege of recognising that history through the nomination of Ann Wheat for Life Membership of Asthma New Zealand.

Ann gave more than 21 years of service to Asthma New Zealand as an Asthma Nurse Educator and ultimately Nurse Manager. During that time, she supported countless patients and families, educated health professionals and helped develop generations of respiratory nurses. Perhaps most importantly, Ann exemplified something that remains fundamental to our organisation today: the belief that people are better able to manage their respiratory health when they are given the knowledge, confidence and practical support to do so.

Life Membership is an important recognition within any organisation, and Ann is an extremely deserving recipient. On behalf of the Board and everyone associated with Asthma New Zealand, I thank Ann for her extraordinary contribution.

The achievements of the past year have only been possible because of the people behind them. Our nurses and wider team continue to demonstrate enormous commitment to the communities they serve. Whether working directly with patients and whānau, delivering education, supporting schools, engaging with health professionals or contributing to national initiatives, their work is what turns our purpose into something tangible.

Our Chairperson's Report

I particularly want to acknowledge our CEO, Claire Beard. Claire's passion, energy and determination have been evident throughout the year. She has encouraged us to think ambitiously about the contribution Asthma New Zealand can make, while maintaining a strong focus on building an organisation that is financially sustainable, relevant and capable of delivering greater impact. The breadth of activity described in her CEO report is testament both to her leadership and to the commitment of the team around her.

Our relationship with the Asthma Education Charitable Trust (AECT) also remains enormously important.

AECT's longstanding support has helped enable Asthma New Zealand to deliver respiratory education and support to New Zealanders over many years. We are extremely grateful to the Trustees for that partnership and stewardship. We are also excited about the next phase of our relationship as AECT moves towards a more active investment portfolio. This creates the potential to support new ideas, extend the reach of respiratory education and contribute to initiatives capable of delivering lasting improvements in respiratory health outcomes.

The Board has also continued to evolve.

I would like to thank each of my fellow Board members for the time, experience and commitment they have contributed during the year. Governance of a charitable organisation increasingly requires us to balance purpose and ambition with financial sustainability, risk, accountability and good stewardship. I am grateful for the constructive way our Board approaches those responsibilities and for the support they provide to Claire and her team.

It is also particularly pleasing to see new faces joining the Board. They bring different experiences, perspectives, networks and ideas, and we are excited about the contribution they will make. A strong and diverse Board should help us challenge our thinking, extend our reach and ensure Asthma New Zealand continues to remain relevant to the communities we serve.

We also remain enormously grateful to our donors, grant funders, partners, volunteers and supporters. As an organisation that relies substantially on the generosity and confidence of others, we never take that support for granted. Every grant, donation, bequest and partnership ultimately helps us extend the support available to people living with respiratory conditions.

As we look ahead, I believe Asthma New Zealand has an exciting opportunity.

Our ambition is bigger than simply growing our own organisation. It is to help create a better connected respiratory health system – one in which education and support are recognised as fundamental components of good respiratory care; where services are consistent, accessible and sustainable; where organisations work collaboratively rather than in isolation; and, above all, where the needs and experiences of patients and whānau help shape the services designed for them.

There is considerable work ahead to turn that vision into reality. But the work undertaken during the past year has created important momentum, stronger evidence and new partnerships upon which we can build.



Asthma New Zealand has been educating and supporting New Zealanders with respiratory conditions for more than 50 years. Our responsibility now is to honour that history while continuing to evolve.

We look forward to doing so with our team, AECT, our partners across the respiratory sector and, most importantly, the patients, families and communities we exist to serve.

Scott Green
Chairperson

A Message from our CEO

Respiratory disease remains one of New Zealand's most significant health challenges, affecting more than one million Kiwis and placing substantial pressure on individuals, whānau, communities and the health system. Beyond its clinical impact, respiratory disease influences education, employment, mental wellbeing and quality of life, while contributing to avoidable hospitalisations and increasing demand across the healthcare system.

Asthma New Zealand exists to ensure all New Zealanders can Breathe Easy by delivering free respiratory education, clinical support and advocacy, while leading positive change across New Zealand's respiratory health system. Every interaction, partnership and programme we deliver is designed to achieve one of two outcomes: improving the lives of people living with respiratory disease today, and strengthening the respiratory health system so future generations receive better care.

The 2025/26 financial year has been a transformational year for Asthma New Zealand.

While continuing to grow our frontline respiratory services, we have significantly expanded our focus beyond individual service delivery to helping lead national respiratory system improvement. This has been a year of ambitious projects, new partnerships, growing impact and significant organisational change.

We have been proud to lead the development of the BREATHE Strategy, bringing together respiratory leaders and organisations from across Aotearoa to establish a shared national direction for respiratory health - the first nationally coordinated respiratory strategy in almost two decades. We are excited to have this piece of work well underway, with expected completion in late 2026.

Alongside this, we kick-started a comprehensive national audit of funded respiratory services. We are building a national picture of what respiratory services are funded and available, where significant gaps exist, and how access differs depending on where someone lives. Our aim is that this information can inform investment into more equitable access to services throughout New Zealand.

In partnership with the University of Auckland, we have also worked to map respiratory health impact and outcomes data alongside service provision. Bringing these two pieces of evidence together enables us to understand not only where services are, but whether services and investment are aligned with where respiratory need is greatest. Importantly, we have not wanted this work to simply identify problems. We have also progressed the development of a new Respiratory Commissioning Framework, bringing together a multidisciplinary group of sector leaders to develop a more consistent, equitable and outcomes-focused approach to how respiratory services can be commissioned and delivered across New Zealand.

Together, BREATHE, the national service audit, impact mapping and commissioning framework represent a significant body of work. They move us from understanding the scale of respiratory disease to identifying service gaps, establishing what good respiratory care should look like, and creating practical pathways for change.

At the same time, we have continued to strengthen the services we provide directly to patients and whānau. During the year, we delivered:

- 611 school programme interactions, up from 523 the previous year
- 912 individual 3+ Education Programme interactions, up from 863
- Supported 646 hospital referrals, compared with 444 the previous year
- Delivered 1,699 group education interactions, compared with 776 the previous year.

These numbers demonstrate growing reach, but more importantly they represent people receiving the knowledge, confidence and support they need to better understand and manage their respiratory health. Our specialist respiratory nurses continue to work directly with patients in homes, workplaces, schools and communities, this has included extensive national service expansion through telehealth, helping remove barriers to care and supporting people to manage asthma and COPD with greater confidence.

A Message from our CEO

As we moved into the new financial year, we delivered our first Asthma Awareness Week, helping give respiratory disease the public visibility it deserves. I want to thank our ambassadors for getting behind this important national campaign – delivering over 2 million media and social media impressions.

The year also marked the end of an important chapter in Asthma New Zealand's history. We facilitated the sale of our long-standing home at 581 Mt Eden Road and began preparing to relocate to a new office at 383b Kyber Pass Road, Newmarket- our first move in approximately 40 years. We look forward to this relocation in September 2026. For an organisation with such a long history at Mt Eden Road, this will be much more than a property transaction. It has created an opportunity to reflect on our history, the shoulder of previous staff we are building on and think differently about what Asthma New Zealand needs for our future. This is an exciting next chapter for our organisation.

Financially, Asthma New Zealand continued to strengthen its position, recording a surplus of \$120,952 for the year. This positive result reflects careful stewardship and provides a stronger platform from which we can continue investing in frontline services, innovation and the national work needed to improve respiratory health outcomes.

What makes me particularly proud is the breadth of what has been achieved. While undertaking some of the most significant national respiratory system work in our organisation's history, our team has continued to grow the services that patients and whānau rely on every day. We are increasingly delivering impact at both ends of our mission: supporting people living with respiratory disease today, while building the evidence, partnerships and systems needed to improve respiratory care for tomorrow.

Most importantly, I want to acknowledge our people. I am incredibly proud of the Asthma New Zealand team and the passion, expertise and determination they bring to our work every day. To our donors, grant funders, corporate partners, Board, volunteers and supporters - thank you. Your belief in our organisation enables us to continue providing free respiratory education and support, while investing in the partnerships and system-level work needed to create lasting change.

And a huge thank you to the many people and organisations across the respiratory and wider health sector who continue to come together with a shared commitment to improving outcomes for our patients. The generosity with which people have contributed their time, expertise and experience to BREATHE, the national service audit, commissioning work and our wider initiatives has been extraordinary.

We know that no single organisation can solve the challenges facing respiratory health in New Zealand. It is through genuine partnership, shared expertise and a willingness to work collectively that we will create meaningful and lasting change.

Thank you for continuing to work alongside Asthma New Zealand, and alongside each other, to build a better respiratory health system and ensure all Kiwis can Breathe Easy.



Claire Beard
CEO

2025/2026 Highlights

New and Different

Sector Leadership & System Change - Led national engagement with Government, securing three key respiratory priorities	Establishment of the National Respiratory Network (launching 2026); progress toward standardised respiratory services nationwide; and development of the National Respiratory Strategy (BREATHE Strategy)	✓
Convened first cross-sector respiratory strategy session in over 20 years	Brought together leading national organisations to align on a shared vision for respiratory health in Aotearoa	✓
Improving Access to Respiratory Care - Launched national respiratory audit and commissioning framework	In partnership with sector leaders and the University of Auckland—auditing services nationwide, identifying key gaps (e.g. poorly controlled asthma, high steroid use), and supporting a more equitable, consistent national service model	✓
Service Delivery Growth & Impact - CARE training programme expanded significantly	Courses & webinars increased from 10 to 30 (+200%), with health professionals trained growing from 113 to 515 (+536%)	✓
Patient reach increased by over 60%	More people supported through expanded services and outreach	✓
Expanded workforce and service delivery	Three new nurses engaged and GP-partnered asthma clinics launched	✓
Strong sector engagement	Over 50 attendees at the latest Respiratory Hui, reflecting growing collaboration	✓
Digital Leadership	Completed a major website redevelopment, including a new Asthma Information hub—improving accessibility, education, and referral pathways.	✓
International Recognition Accepted into global respiratory leadership networks	International Primary Care Respiratory Group (IPCRG) and Global Allergy & Airways Patient Platform (GAAPP)	✓

Together, we are making a difference — one breath at a time.



Service Delivery & Reach

School Visits
611

Face to face visits – (our 3 + visit model)
1877

Group education (includes CARE and other health professional training/workshops)
950

Community education, support & enquires
903

Patient & community direct marketing
3438

Healthcare professional direct marketing
2059

Number of patients kept out of hospital*
71%

Unique visits to our website annually
217,381

Follower engagement across our social channels
9,000+

Members active on our e-Shop database
5000+

Every donation, every partnership, and every conversation brings us closer to a future where no one is left struggling to breathe.

*Auckland only. This data includes self-reported hospitalisation at baseline (on first visit) & at the 12 month visit.



Grant funding

Fundraising continues to be fundamental to Asthma NZ's ability to deliver free, community respiratory nursing services to individuals and whānau across Aotearoa. As a charity, we rely heavily on the generosity of grant funders, trusts, donors, and supporters to ensure people living with asthma and COPD can access the education and support they need, regardless of their circumstances.

The funding landscape remains increasingly competitive, with more organisations seeking support from limited funding available through philanthropic trusts and grant providers. Despite these challenges, 2025–2026 has been another successful year, with funding secured to support our nurse-led services, education programmes, innovative projects, health professional training, digital resources, and operational costs.

Throughout the year, grant funding has supported a number of important initiatives and service developments, including:

- **Educational video series with our Asthma NZ Ambassadors**, sharing lived experiences alongside practical asthma education to inspire, educate and empower tamariki, rangatahi and whānau across Aotearoa.
- **Health TV campaign in Emergency Departments**, delivering asthma awareness and self-management messages to patients and whānau while they waited for care, helping raise awareness of Asthma NZ's free support services.
- **Expansion of our specialist community respiratory nursing services**, enabling free education and support in homes, schools, workplaces, GP practices and community settings across New Zealand.
- **Continued growth of our CARE education programme**, with hundreds of health professionals participating in evidence-based asthma and COPD education to strengthen respiratory care across primary care.
- **Provision of essential clinical and educational resources**, including spacers, peak flow meters, emergency magnets, personalised asthma action plans, educational materials and equipment that supports the safe delivery of our community respiratory services.

As demand for our services has continued to increase, so too has the need for sustainable funding. Over the past year, Asthma NZ has seen significant growth in referrals, patient engagements and participation in our health professional education programmes. This growth reflects both the increasing need for specialist respiratory support and the confidence that communities and health professionals place in our services. Every dollar invested helps us reach more people with the education, tools and support they need to better manage their respiratory health.

We extend our sincere thanks to our funders, donors and supporters for their continued generosity and belief in our mission. Your investment enables us to deliver free, evidence-based respiratory education and support to individuals and whānau across Aotearoa, helping people breathe easier and live healthier lives. As we look to the future, we remain committed to strengthening these valued partnerships, securing sustainable funding, and ensuring our services remain free, equitable and accessible for everyone who needs them.

Angela Brown
Grants & Fundraising
Relationships Manager



Nurse Lead update

A few words come to mind as I reflect on the last year: growth, collaboration, integration and clinical excellence.

Growth: Asthma NZ has continued to see increasing demand for our services, including from patients, health professionals and community groups. It is pleasing to continue to be recognised as experts and leaders within the respiratory sector.

This growth has been evident across many areas of our work. We are reaching more people through our clinical services, schools and community programmes, while also seeing strong demand for respiratory education from the health workforce. Our asthma and COPD courses, workshops and tailored education sessions continue to provide opportunities to strengthen respiratory knowledge and confidence across primary and secondary care.

We have also continued to look at where the greatest unmet need exists and how we can extend our reach into communities experiencing poorer respiratory outcomes or barriers to accessing care. Importantly, growth for us is not simply about doing more. It is about ensuring the services we provide are accessible, evidence-based and make a measurable difference to the people who use them.

Collaboration: Collaboration continues to be fundamental to the way we work. Throughout the year we have worked alongside PHOs, NGOs, Health New Zealand | Te Whatu Ora, health professionals across primary and secondary care, schools, community organisations and others across the health sector to strengthen respiratory care for patients and whānau living with respiratory conditions.

We continue to facilitate conversations about the future of respiratory health in Aotearoa. The challenges facing respiratory health cannot be addressed by any one organisation or part of the health system. Working collectively gives us a stronger opportunity to identify gaps, share knowledge, advocate for change and ultimately improve outcomes.

One example is our quarterly Respiratory Sector Hui. Every three months, Asthma NZ hosts a virtual meeting bringing together health professionals to share respiratory insights, developments and practical knowledge, with presentations from sector experts both nationally and internationally. We are incredibly grateful to our speakers and attendees who give their time and expertise and contribute to such practical, meaningful and thought-provoking discussions.

Integration: A significant milestone this last year has been the transition from our previously siloed patient management system to MedTech Evolution. While changing clinical systems is a considerable undertaking, this transition represents an important step in better integrating Asthma NZ with the wider healthcare environment and positions us well for future developments in shared digital health information.

Alongside this transition, we have worked to improve electronic referral pathways, including the introduction of e-referrals. Making it easier for health professionals to refer patients directly to Asthma NZ strengthens continuity of care and enables our specialist respiratory nursing service to work more closely alongside general practice and other healthcare providers.

Clinical excellence: Clinical excellence underpins everything we do. We are committed to ensuring our services and education remain evidence-based, patient-centred, safe and responsive to developments in respiratory care.

An important part of this is our Clinical Advisory Group (CAG), led by Dr Amy Chan, which brings together highly skilled and experienced health professionals including GPs, pharmacists, researchers, respiratory specialists, nurses and physiotherapists. Their collective expertise provides valuable clinical oversight, guidance and escalation, helping ensure our clinical services reflect best practice. To every member of our CAG, a heartfelt thank you for so generously giving your time, knowledge and expertise to Asthma NZ.



Nurse Lead update

Across our nursing service, clinical excellence is demonstrated in the everyday details: taking the time to understand what matters to a patient and their whānau; assessing asthma control; checking and correcting inhaler technique; supporting appropriate medication use and adherence; supporting and reinforcing asthma action plans; referring to other health or social support services; and communicating with the wider healthcare team.

The impact of this work can also be seen in our clinical outcomes. I am pleased to report that a recent audit showed a 71% reduction in hospitalisations at 12-month follow-up compared with baseline. This means fewer patients requiring hospital-level care for their respiratory condition, fewer disruptions to work, school and family life, and less pressure on already stretched hospital services. Most importantly, it reflects people being better supported to manage their respiratory condition and remain well in their own homes and communities.

A huge thank you to the incredible Asthma NZ nurses. I am immensely proud of the work you do and the expertise, compassion and commitment you bring to your roles every day. You continually go above and beyond for our patients and whānau, while supporting each other and contributing to the growth and development of our service. The outcomes we achieve are a direct reflection of your mahi, and it is a genuine privilege to lead and work alongside such a skilled and dedicated team.

Finally, thank you to our patients and whānau – for trusting us with your care, welcoming us into your homes and communities, sharing your experiences and allowing us to be part of your respiratory health journey. Your stories, experiences and feedback continually shape the way we work and remind us why this mahi matters. It is a privilege to support you, learn from you and advocate for better respiratory health outcomes on your behalf. You are, and will always be, at the heart of everything we do.

As our reach and connections across the health system continue to grow, our focus remains on providing high-quality specialist respiratory nursing care and education, strengthening the capability of health professionals and communities, and ensuring people living with asthma and COPD have access to the support they need to live well.



Katie Faaiuso
Nurse Lead



Respiratory Nurse & Educator Stories

Asthma NZ respiratory nurse & educator voice Q+A
Genesis Suaalii, Jen Stevens, Amanda Tunbridge & Sarah Gollogly

Memorable Moments | Can you share a story or moment from this quarter/period that stood out to you?

Amanda: I worked with a young mother and her son to improve their understanding of his inhalers and asthma triggers. Initially, he had daily symptoms, frequent salbutamol use and an ACT score of 12, indicating poor asthma control. Within two months, his ACT had improved to over 20, his breathing had markedly improved, and he rarely needed his reliever inhaler. This demonstrates how community-based education and partnership can empower families, improve asthma control and reduce the risk of hospitalisation and other healthcare needs.

Client Impact | Describe a time when you saw a noticeable change in a client's understanding, confidence, or health management. What do you think made the difference?

Sarah: I spoke with a patient experiencing increased asthma symptoms who was reluctant to take her Symbicort twice daily due to concerns about inhaled steroids. I explained the safety and role of inhaled steroids and the importance of taking Symbicort regularly. She felt reassured and wished this had been explained sooner, as it may have reduced her fears and improved her asthma control. This highlighted the importance of clear health education and ensuring patients understand their treatment.

Cultural Responsiveness | How have you adapted or maintained your education or approach to better meet the needs of Māori, Pasifika, or other diverse communities?

Jen: In the last few months', I have taken it upon myself to actively learn/research the correct pronunciation of the patient/caregiver's name. When I've been unsure, I have discussed it with the patient/caregiver at the start of our education session. By pronouncing people's names correctly, I have found it builds better and faster rapport and therefore creating a trusting and nurturing therapeutic relationship. These names are often Māori or Pasifika. This is a simple but important aspect of establishing connection with my patients.

Collaboration and Community | Have you worked with any other services, whānau, or community groups that enhanced your impact?

Genesis: I have had the opportunity to connect with Lung Health, who have been a valuable resource in making healthy living more accessible for patients facing financial barriers. Their support includes providing heaters, winter power assistance, hypoallergenic bedding and thermal curtains, helping families maintain warmer, drier homes. For example, one family was using an old mattress to block cold air from a window because they could not afford new curtains, and Lung Health was able to provide thermal curtains. Another family had heaters but could not afford the power costs to use them. Collaborating with services like Lung Health has helped us address the wider, holistic needs of people with asthma.



Patient Stories



Beauden

👤 Beauden's mum shared their family's experience with asthma.

"My son started off with preschool wheeze 3 years ago and is now diagnosed with asthma. The biggest challenge is the fear of him going downhill quickly when I'm not around. He has only just learnt to ask for his inhaler when he needs it — before, he wouldn't say anything. Often it's other people noticing he's wheezy.

I wish people understood that asthma is real. It's something people live with every day. I'm often told, 'Oh he doesn't need his inhaler, he'll come right when he sits down.' That's not the case."

Thank you to Beauden and his whānau for sharing their story and helping raise awareness about the realities of living with asthma.



Amun

👤 Amun has severe asthma, and in his 7 years of life, he has already had two ICU admissions because of asthma attacks.

His second ICU visit happened after he caught a virus that rapidly caused severe asthma distress. At 1:30am, we were in an ambulance on the way to hospital. From ED, Amun was transferred to ICU to receive the best care possible. Watching your child struggle to breathe is something no parent ever forgets.

As a mum, I want other parents to know this: if you are even slightly worried about your child's asthma, never hesitate to seek medical help. During Amun's first ICU admission, I didn't realise he was having an asthma attack. I drove around with the windows down thinking he just needed fresh air. I waited too long to go to hospital, and the outcome could have been very different.

Our journey has also included the challenges of autism and sensory issues, which can make asthma management even harder. But after a long road, we are finally getting to a better place managing Amun's asthma with Seretide twice a day and Salbutamol when needed.

Today, Amun is doing much better, back in the children's ward, and chatting to absolutely everyone

Thank you for sharing our story during Asthma Awareness Week. If sharing our experience helps even one family recognise the signs of severe asthma earlier, it's worth it.

— Ana, Amun's mum

A New Chapter: Farewell to Our Mt Eden Villa



For approximately 40 years, our Mt Eden villa has been much more than an office – it has been part of the story of Asthma New Zealand. Within its walls, countless patients and whānau have received support and education, staff and volunteers have worked passionately to improve respiratory health, and many of the ideas, programmes and partnerships that have shaped our organisation have begun. Saying goodbye to such a familiar home brings a sense of nostalgia, but also enormous pride in everything that has been achieved there. As we leave Mt Eden in September 2026, we take with us the legacy of all those who have contributed to Asthma New Zealand over the decades, while looking forward to creating new memories and continuing our mahi from our new home in Newmarket.

Our new address: 383B Khyber Pass Road, Newmarket, Auckland

YOUR DONATION HELPS KIWIS BREATHE EASIER

Every donation helps people living with asthma and COPD access the education, support and care they need to manage their respiratory health with confidence.

When you give, you help someone:

- Breathe easier and manage their condition with confidence
- Get back to school, work and the things they enjoy
- Sleep better with fewer symptoms
- Take part in family and community life

**Better
breathing.
Better living.**

One-off Donation What Your Support Helps Deliver

♥ Donation	💬 What It Funds
\$50-\$100	Example: One-on-one asthma education session in school or community environment.
\$100-\$200	Example: An in home whānau visit in a high-need household
\$200-\$250	Cost of supporting a family for 1 year
\$500	Cost of supporting one family for 1 year and training a health professional in asthma education

The Power of Regular Giving

Monthly giving is one of the easiest ways to help Kiwis breathe easier. For as little as the cost of a coffee each month, you can help a child stay out of hospital, support a whānau to manage asthma confidently, or ensure an elderly person gets the care they need at home.

Your regular donation helps ensure people living with asthma and COPD get consistent, life-changing support when they need it most.

**More
Confidence.
More
Freedom.**

Become a champion for breathing with a regular donation today.

**More
Support.
Brighter
Futures.**

Major Donations & Bequests

Thinking about making a donation of \$1,000 or more?

Your donation can help someone breathe easier, stay out of hospital, and live life to the fullest. Your gift could mean a child gets the medication they need, a kaumātua has a nurse visit them at home, or a family learns how to manage asthma and avoid emergencies. It could help train health professionals, provide lifesaving equipment, or bring free GP visits into communities that need them most.

You can choose where your donation goes, ensuring your gift helps in the way that matters most to you.

You might also consider leaving a bequest to Asthma NZ. This is a powerful way to create a lasting impact, ensuring future generations get the support they need to live well with asthma and COPD.



WAYS TO GIVE

Would you like to support our mission to help Kiwis breathe easy?

As a registered charity, all donations over \$5 are tax deductible, with a tax credit of up to 33.3% of your donation.

You can choose to donate via

One-off Donation - Make a secure one-off contribution

- Direct deposit
Account Name: Asthma New Zealand Inc
Bank Account: 12 3011 0420362 00
Reference: Donation [your name]
- Online donation with a credit card www.asthma.org.nz/donate

Regular Giving - Monthly contribution

- Setup an automatic payment with your bank.
- Contact our amazing team at Asthma NZ -with the details of your donation including the amount, date, and your name. This helps us ensure it's allocated as intended and allows us to issue a receipt for your records.
Email - angelab@asthma.org.nz

Major Donation & Bequests

- If you're considering making a major donation or leaving a bequest to help Kiwis live well with asthma and COPD, please get in touch with us on how you can make a lasting difference.

As a valued supporter, you'll receive updates on the impact of your donation — including stories from our frontline nurses, new initiatives, and the lives your support is helping to change.

Asthma NZ Leadership Team

CEO - Claire Beard

Board Members

Scott Green - Chairperson

Dr. Julie Blamires

Yong Shan Zhao

Emma-Kate Greer

Greg Lay

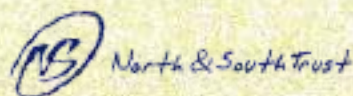
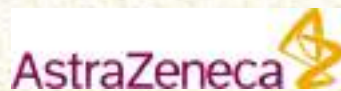
Aravind Subramanian

Sarah Sandford

Clinical Director - Dr Amy Chan



Thank You to Our Funders



NR & JH Thompson Charitable Trust

Statement of Financial Performance

Asthma New Zealand Incorporated For the year ended 31 March 2026

'How was it funded?' and 'What did it cost?'

	NOTES	2026	2025
Revenue			
Donations, koha, bequests and other general fundraising activities	1	270,265	289,014
General grants	1	496,965	652,962
Government service delivery grants/contracts	1	333,268	324,534
Membership fees and subscriptions	1	-	269
Revenue from commercial activities	1	53,335	58,113
Interest, dividends and other investment revenue	1	406	2,890
Other revenue	1	10,582	42,874
Total Revenue		1,164,820	1,370,656
Expenses			
Employee remuneration and other related expenses	2	691,777	744,925
Expenses related to commercial activities	2	184,117	271,775
Other expenses related to service delivery	2	116,010	33,914
Other expenses	2	51,963	128,670
Total Expenses		1,043,867	1,179,284
Surplus/(Deficit) for the Year		120,952	191,372

Statement of Financial Position

Asthma New Zealand Incorporated

As at 31 March 2026

'What the entity owns?' and 'What the entity owes?'

	NOTES	31 MAR 2026	31 MAR 2025
Assets			
Current Assets			
Cash and short-term deposits	3	461,599	353,524
Debtors and prepayments	3	34,173	33,589
Inventory	3	-	-
Other Current Assets	3	18,149	1,828
Total Current Assets		513,920	388,940
Non-Current Assets			
Property, Plant and Equipment		151,766	80,979
Total Non-Current Assets		151,766	80,979
Total Assets		665,686	469,920
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	118,147	42,083
Employee costs payable	4	54,685	23,057
Deferred revenue	4	35,617	68,496
Other current liabilities	4	-	-
Total Current Liabilities		208,449	133,635
Total Liabilities		208,449	133,635
Total Assets less Total Liabilities (Net Assets)		457,237	336,285
Accumulated Funds			
Accumulated surpluses (or deficits)	6	457,237	336,285
Total Accumulated Funds		457,237	336,285

Statement of Cash Flows

Asthma New Zealand Incorporated For the year ended 31 March 2026

	2026	2025
Cash Flows from Operating Activities		
Operating receipts (money deposited into the bank account)		
Donations, koha, bequests and other general fundraising activities	270,265	289,014
General grants	496,965	538,311
Government service delivery grants/contracts	332,451	324,345
Membership fees and subscriptions	-	269
Gross sales from commercial activities	52,968	66,102
Interest or dividends received	406	2,890
GST received	83,442	76,809
Other cash received	13,681	42,965
Total Operating receipts (money deposited into the bank account)	1,250,177	1,340,707
Operating payments (money withdrawn from the bank account)		
Employee remuneration and other related payments	(682,960)	(741,106)
Payments related to commercial activities	(189,460)	(245,232)
Other payments related to service delivery	(88,314)	(32,071)
GST paid	(97,458)	(81,485)
Other payments	(22,855)	(1,885)
Total Operating payments (money withdrawn from the bank account)	(1,081,048)	(1,101,789)
Total Cash Flows from Operating Activities	169,129	238,917
Cash Flows from Other Activities		
Receipts from other activities		
Receipts from sale of property, plant and equipment	5,087	48,173
Receipts from other activities	160,677	88,151
Total Receipts from other activities	165,764	136,324
Payments from other activities		
Payments to acquire property, plant and equipment	(127,853)	(49,084)
Payments for other activities	(98,965)	(41,344)
Total Payments from other activities	(226,818)	(90,428)
Total Cash Flows from Other Activities	(61,054)	45,895
Net Increase/(Decrease) in Cash	108,075	284,813
Bank Accounts and Cash		
Opening cash	353,524	68,711
Net change in cash for period	108,075	284,813
Closing cash	461,599	353,524